

Roanoke Area Ministries needs:

Shelter & Kitchen Immediate Needs

- Bleach
 - 33 gallon heavy duty trash bags
 - 13 to 15 gallon trash bags
 - Laundry Detergent
 - Shop Rags OR old towels
 - Nitrile 5mil thickness disposable gloves (med. duty)
 - Cleaning supplies (counter top/bathrooms etc.)
 - Cold medicine (non-alcoholic) - NO PSEUDAPHED) tablets not liquid
 - Anti-biotic creams or ointments
 - Cough Drops
 - Disposable Razors
 - White Copy Paper 8.5 x 11
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- Ground Coffee
 - Sugar
 - Plastic SPOONS (no forks or knives)
 - Large Canned meat (Chicken, Tuna, Salmon)
 - Oatmeal packets instant
 - Black Pepper (really need)
 - Seasoning Salt
 - Dish washing liquid soap



Roanoke Area Ministries
 824 Campbell Ave. SW
 Roanoke, VA 24016
 www.raminc.org
 RAM Shelter.....540-343-3753
 Administrative Offices....540-345-8850
 Open 7 days a week 8 am to 3:50pm

BEST time to drop off items 9am to 3pm

RAM Clothing Closet:

Open Tuesdays and Thursday 9:30—11 am for guests that are homeless

- **New white socks for men and women**
- **Sneakers—men’s only right now**
- **Work Boots**



WHY SOCKS? *Access to shoes and socks is often limited for the homeless men and women living in shelters and on the streets. Rain-soaked feet, ill-fitting shoes, constant standing and diseases like diabetes take their toll on the feet of homeless people. Every day, nurses and physicians treat a range of foot ailments - from trench foot to skin infections, from frostbite to nail diseases. The best way to prevent such conditions is to keep feet clean and dry - very difficult if you spend your days outside.*



Clothing Closet Team, sort, clean, organize



Always collecting OLD used INK CARTRIDGES to turn into Staples for credit.

Drop off anytime at RAM House
 824 Campbell Ave. Roanoke VA



Check our website for most urgent food & supply needs.

www.raminc.org

The Pantry Team does a great job organizing all the donations.